



the megan report jan 07



m e g a n i m r i e



When most people were counting the seconds to a fresh new year, I've been counting the days until I fly back over to Europe for more racing. The past couple weeks I've been home from Austria have been a whirlwind. Let me tell you, it is not an athlete's usual routine to have a party to attend every evening for two weeks. (As packed as my social calendar is, it can't quite compare to that of the Imrie's at Christmas time). So here I am in Canmore with only three days until I travel again. My fellow junior team athletes and I have been logging in big hours since Christmas

so we can cruise into the next set of races fit and ready to rock. Yesterday we skied at Mt. Shark (in Kananaskis country 1 hour from Canmore) to simulate the altitude of World Junior Championships- a mere 1800 metres. Coming from Manitoba, it was definitely a shock to my system! Tomorrow we are going to Lake Louise for more altitude training.

Thank you's go out to **Manitoba Blue Cross, The Daremax Foundation, and Craig and Corinne Chapman** for their recent investment in my future and my dreams!

My itinerary for the next month and a half is that of a nomad- all part of living the ski life. On January 7th, I will fly to Germany and for the next 6 weeks drive to Austria, Italy, and finally to the Czech Republic. By far the most highlighted and underlined stop on my list is Martell, Italy. Site of the 2007 World Junior Championships, Martell has been on my mind all year long. Having raced there last March, (Thanks to sponsors for making that trip possible!), I have visualized it hundreds of times, and know each corner and climb like the top of my ski. My goal in Martell is to have a top 16 finish. The European cups in December made me realize this is entirely possible, and have boosted my confidence and motivated me to achieve this goal.

After World Championships I will travel with the Senior Development team to Czech Republic for two more European cup races. I will fly home on February 16th, with a week to prepare/recover for Canada Winter Games, in which I will proudly represent Manitoba.

I will do my very best to represent each and every one of you who have helped me this year, and will try to update you frequently on my whereabouts along the way.



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megan's european tour 2007

European Cup # 4 Forni Avoltri, Italy Jan. 19 Sprint
www.biathlonworld.com

World Junior Champ's Martell, Italy Jan. 25 Individual
www.biathlon-martell.com
Jan. 27 Sprint
Jan. 28 Pursuit
Jan. 30 Relay

European Cup #5 Jablonec, Czech R. Feb. 10 Sprint
www.biathlonworld.com Feb. 11 Pursuit

European Cup #6 Nove Mesto, Czech R. Feb. 14 Sprint
www.biathlonworld.com Feb. 15 Pursuit



Thank you to all of my sponsors, without you, my dreams would not be possible!

I would like to thank my newest sponsor, **The Daremax Foundation** for joining my support team, **Thank You!**

- Biathlon Manitoba
- Sport Manitoba
- Falcon Sports Club Trust Fund Donors
- Lumber One Building Supplies
- Ted and Karen Paterson
- The Daremax Foundation
- Manitoba Blue Cross
- Cindy Grant, River East Physiotherapy
- Cats in the Bag Design
- Craig and Corinne Chapman
- S. Maric Construction
- Rich and Lois Pettit
- Falcon Trails Resort
- Alpina Boots and NNN Bindings
- Falcon Lake Meat and Grocery
- Marg and Murray Imrie (Mom & Dad)
- Arctic Ice



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