



the megan report fall 2007



m e g a n i m r i e

October 2, 2007



Dear Sponsors, Friends and Fans,

By the time you are reading this, I will be high above the Atlantic en route to Austria.

I know it has been ages since my last update, which was at the conclusion of my season in March. I apologize for keeping you all out of the loop for so long. You can rest assured though, dear sponsor, that I have been making each second count this summer. I have tried my best to use every opportunity I have been given to gain on the world's best. From every millimol of lactic acid, every burning muscle, to the very last drop of sweat, each workout feels like money in the bank, preparing me for a tough season of spending every penny (not to be taken literally).

This update comes to you at an exciting crossroads for me. Up until now, I have been training with my coach of two years, Matthias Ahrens. Matthias and I have got along fantastically. His wealth of knowledge and enthusiasm has been a source of inspiration to me, and has fueled me as an athlete and a person. I have had so many great workouts with him and our team, and it is with feelings of sadness and excitement that I join the Senior National team for the remainder of my career.

So when I board the plane on Monday, I will be stepping my career up a level, to join my new teammates and my new coach Roger Archambeault that will lead the rest of my journey to the 2010 Olympic Games. I have every optimism and confidence that Roger will provide the leadership and wisdom that will push me to my potential, both on and off the course.

Once in Austria, we will be putting in quality, high altitude ski training on the Dachstein glacier for about 3 weeks. This is only the beginning of a long winter of traveling, but it feels like I am standing at the edge of something huge. I will finally be competing as a senior for the first time. Meaning that this year, I will be up against the best in the world. Period. And I can't wait to show them what I'm made of.

biathlon

“in pursuit and on target!”



highlights from last season:

- ~Tenth place, World Junior Championships
- ~ Eighth place, European Cup (senior category)
- ~ Three gold medals at Canadian Championships
- ~ Flag bearer for Manitoba at Canada Winter Games
- ~ Two Canada Games Medals
- ~ Manitoba Junior Female Athlete of the Year



Thank you to all of my sponsors, without you, my dreams would not be possible!

gold sponsors

- Craig and Corinne Chapman
- Cats in the Bag design
- The Daremax Foundation
- Manitoba Blue Cross



what this season has in store:

- ~ World Cup #1-3 Tour- Finland, Austria, Slovenia, Nov.-December
- ~ World Championship Tour- Sweden, February
- ~ Canadian Championships- Callaghan Valley (2010 Olympic venue), March



friendship sponsors:

- Arctic Ice
- Blacksun
- Falcon Lake Meat and Grocery
- Kildonan Printing
- Lumber One Building Supplies
- Sandi Kurceba/Falcon Lake Golf Course
- Shindico
- Wilderness Supply Co.
- Woodcock Cycle

equipment sponsors:

- Salomon - skis, boots and bindings
- Leki - poles
- Adidas - glasses



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