



the megan report winter 2008



m e g a n i m r i e

February 16th, 2008



Wow was I nervous! There is something about head to head races that set my race butterflies into frantic flight.

Completely confident about my double pole power and my ready race legs, it was the fact that I'd never started a mass start that was toying with my mind. Luckily for me, getting this worked up before a race usually means I'm on my game. I'm sharp. I'm ready to go, and go fast.

Welcome to the mixed relay. My task was to ski 3 x 2 km laps with three extra rounds per shooting bout. Composed of two women and two men, I was given the joy of starting.

With every cell poised for blast off, waiting for the gun, you could feel the intensity in the air. 'Ready?' Says the starter.

FALSE START. The Russian had jumped the gun. Nothing like a false start to take the edge off! **BANG!**

'Keep your head up. Fight. Relax. There's an opening- **GO!**'

Without incident, I followed the train around a fast 2 km loop and back into the stadium. That first lap was the highlight of the day. Holy adrenaline rush! Not to mention a boost of confidence that even the best in the world are within reach.

The rest of the race was smooth, despite ice-block hands in the range. I shot 8/10 and used 4 of my 6 spare rounds to make those two rogue targets fall down. Not a bad day. The best part was that I conquered my range entry, and man, did I have **FUN!**

Keep updated for the individual today. It is a howler out there today, and we compete under the big lights at night to boot. Guaranteed to be a nail-biter!

Thanks for your support!

biathlon

"in pursuit and on target!"



Keep checking
www.meganimrie.com
and www.biathlonworld.com
for updates and results! The races
run Thursday 29th, Friday 30th and
Sunday December 1st, 2007

Thank you to all of my
sponsors, without you,
my dreams would not
be possible!

highlights from
last season:



- ~ Tenth place, World Junior Championships
- ~ Eighth place, European Cup (senior category)
- ~ Three gold medals at Canadian Championships
- ~ Flag bearer for Manitoba at Canada Winter Games
- ~ Two Canada Games Medals
- ~ Manitoba Junior Female Athlete of the Year

what this
season has in store:



- ~ World Cup #1-3 Tour-
Finland, Austria, Slovenia, Nov.-December
- ~ World Championship Tour- Sweden, February
- ~ Canadian Championships- Callaghan Valley
(2010 Olympic venue), March

gold sponsors

- Craig and Corinne Chapman
- Cats in the Bag design
- The Daremax Foundation
- Manitoba Blue Cross

friendship sponsors:

- Arctic Ice
- Blacksun
- Falcon Lake Meat and Grocery
- Kildonan Printing
- Lumber One Building Supplies
- Sandi Kurceba/Falcon Lake Golf Course
- Shindico
- Wilderness Supply Co.
- Woodcock Cycle

equipment sponsors:

- Salomon - skis, boots and bindings
- Leki - poles
- Adidas - glasses



biathlon “in pursuit and on target!”